

## **PATHWAY 6-16**

### **Visit 1**

Discuss with parent/child reasons for inclusion in the scheme:

- IPP is a preventive programme aimed at reducing dental decay and the patient has experience of dental decay
- Oral Health can be improved by adopting healthy life practices

Perform a:

- Caries risk assessment assess baseline
- Plaque score
  - No Plaque visible
  - Plaque visible on the gum margins of anterior teeth
  - Plaque visible on the mid third of anterior teeth.

Enquire regarding patient's toothbrushing habits:

- How many times each day does the child brush?
- How long does the child brush for each day?
- What toothpaste does the child use?

Advise parent and child on:

- Toothbrushing and toothpaste advice
  - Advice tailored to:
    - Patient's age
    - Caries Assessment
- Diet advice in line with DBOH

Dentist to prescribe fluoride supplements if appropriate following DBOH guidelines

- Those children aged 8 years upwards with active caries the dentist should prescribe Fluoride mouthrinse daily (0.05%NaF) for use during an different time to brushing (DBOH)
- For those aged 10 years plus with active caries the dentist should prescribe 2800ppm Fluoride toothpaste (DBOH)

Apply fluoride varnish in-line with ChildSmile guidelines

Preparation for visit 2:

- Distribute diet sheet or alternatively photograph all food and drink that the patient consumes over a 2-3 day period
- Ask patient to bring in own toothbrush and toothpaste for demonstration next visit
- Show and demonstrate appropriate sugar app

## **Visit 2**

Reinforce previous oral hygiene (including a check to ensure Fluoride content of toothpaste is appropriate)

Enquire regarding patient's toothbrushing habits:

- How many times each day does the child brush?
- How long does the child brush for each day?
- What toothpaste does the child use?

For those aged 8 years and upwards enquire whether fluoride mouthwash has been prescribed by GDP

Perform a Plaque score:

- No Plaque visible
- Plaque visible on the gum margins of anterior teeth
- Plaque visible on the mid third of anterior teeth.

Advice tailored according to:

- Patient's age
- Caries Assessment

Provide toothbrush instruction and observe patient's brushing technique

Provide personalized diet advice based upon responses from diet sheet/photographs

## **Visit 3**

Perform a Plaque score:

- No Plaque visible
- Plaque visible on the gum margins of anterior teeth
- Plaque visible on the mid third of anterior teeth.

Enquire regarding patient's toothbrushing habits:

- How many times each day does the child brush?
- How long does the child brush for each day?
- What toothpaste does the child use?

Warn patient of risks of erosion associated with diet

Reinforcement of toothbrushing technique (including Fluoride content of toothpaste) and diet advice

Direct patient towards toothbrushing motivators or apps

Providing there is a minimum of at least 1 week apart between visit 1 and visit 3 apply fluoride varnish in-line with protocol outlined in ChildSmile guidelines.