

## **IPP GA / RISK FACTOR PATHWAY 3-6**

### **Visit 1**

Discuss with parent/child reasons for inclusion in the scheme:

- Child has dental decay and requires dental extraction using GA
- Child has risk Factors (as indicated by the Risk Factor Questionnaire and Oral hygiene assessment).
- IPP is a programme aimed at reducing dental decay
- Oral Health can be improved by adopting healthy life practices

Perform a:

- Caries risk assessment assess baseline
- Plaque score
  - No Plaque visible
  - Plaque visible on the gum margins of anterior teeth
  - Plaque visible on the mid third of anterior teeth.

Advise parent and child on:

- Toothbrushing and toothpaste advice
  - Advice tailored to:
    - Patient's age
    - Caries Assessment
- Diet advice

Apply fluoride varnish in-line with ChildSmile protocol

### **Preparation for visit 2**

- Distribute diet sheet or alternatively ask the patient's parent/guardian to photograph all food and drink that the patient consumes over a 2-3 day period
- Ask patient to bring in own toothbrush and toothpaste for demonstration next visit

### **Visit 2**

Reinforce previous oral hygiene and diet advice

Perform a plaque free score

Enquire regarding patient toothbrushing habits:

- How many times each day does the child brush?
- How long does the child brush for each day?
- What toothpaste does the child use?

Advice tailored according to:

- Patient's age
- Caries Assessment

Provide toothbrush instruction

- Check that the toothpaste is correct for patient age
- Perform a demonstration and ask the patient to demonstrate their technique in front of the clinician

Check diet sheet provide personalized diet advice

Give brief diet advice following guidance from Delivering Better Oral Health

Apply fluoride varnish in-line with ChildSmile protocol – providing VISIT 1 AND VISIT 2 are a minimum of 1 week apart.

Provide a review appointment with GDP in 3 months' time