

NAME

Caries Risk Assessment 6-16

	Low	Moderate	High
Patient's Attendance Record	<input type="checkbox"/> Regular recall intervals	<input type="checkbox"/> Irregular recall intervals	<input type="checkbox"/> Infrequent attendance
Brushing supervision	<input type="checkbox"/> Parents supervise brushing	<input type="checkbox"/> little brushing supervision	No brushing supervision
dental history	<input type="checkbox"/> History of no caries experience	<input type="checkbox"/> one Carious Lesions in last 2 years	<input type="checkbox"/> Multiple Carious Lesions in last 6 months
Diet	<input type="checkbox"/> ≤ 4 SUGAR attacks/day Balanced intake of fruit and vegetables Infrequent sugar consumption primarily at mealtimes	<input type="checkbox"/> Daily or frequent sugar consumption 4 SUGAR ATTACKS/DAY	<input type="checkbox"/> Sugar intake >4/day
Sugar consumption	< 6 cubes of sugar per day ages 7-10 or less than 7 cubes of sugar per day (11+ years of age)	6 cubes of sugar per day ages 7-10 or 7 cubes of sugar per day ages 11+ years (maximum recommended by Sugar app)	Over 6 cubes of sugar per day ages 7-10 or Over 7 cubes of sugar per day ages 11+ years
Fluoride use	1350ppm-1500ppm Fluoridated toothpaste (and only if indicated fluoride mouthrinse if 8 years or older or 2800ppm fluoride toothpaste if aged 10 years or older)	Less than recommended fluoride toothpaste exposure 1350-1500 ppm (or if additional measures required but not used or prescribed)	No fluoride exposure
Plaque control	<input type="checkbox"/> No visible plaque deposits	<input type="checkbox"/> Minimal plaque deposits	<input type="checkbox"/> Heavy mature visible plaque deposits
Brushing frequency	<input type="checkbox"/> Brushes at least twice daily always	<input type="checkbox"/> Brushes twice daily mostly	Brushes less than twice daily

Overall risk

Low

Moderate

High

Assessed risk will be determined by taking the worst categorised score. For example if the patient had 6 boxes ticked within the green categories and 1 red category box ticked, then the overall risk would be high.