

I.P.P - D.C.P PRESCRIPTIONS AND TREATMENT PLANS

Pathway 3-6

- 1) Inform patient and parent/guardian of reason for inclusion on IPP pathway
- 2) Perform a caries risk assessment on visit 1
- 3) Perform a plaque score at initial assessment and follow up appointments 2 and 3.
- 4) Provide OHI on visit 1 and reinforce at follow up appointments 2 and 3:
 - a. Toothbrushing technique
 - b. Appropriate Fluoridated toothpaste use, concentration and application
- 5) Gain consent, apply Fluoride Varnish and give post procedural instructions on visits 1 and visit 3 (with at least one week between visit 1 and 3).
- 6) Provide basic diet advice and distribute diet sheet on visit 1. Analyse at follow up on visit 2 and reinforce previous advice together with tailored personal diet advice at visits 2 and 3.
- 7) Refer back to GDP for continuing routine care NORMALLY AT 3/12

GA Pathway 3-6

- 1) Inform patient and parent/guardian of reason for inclusion on IPP pathway
- 2) Perform a caries risk assessment on visit 1
- 3) Perform a plaque score at initial assessment and at follow up appointment.
- 4) Provide OHI on visit 1 and reinforce at follow up appointment:
 - a. Toothbrushing technique
 - b. Appropriate Fluoridated toothpaste use, concentration and application
- 5) Gain consent, apply Fluoride Varnish and give post procedural instructions.
- 6) Provide basic diet advice and distribute diet sheet on visit 1. Analyse at follow up on visit 2 reinforcing previous advice and providing additional personal tailored diet advice.

- 7) Apply fluoride varnish again on visit 2 in-line with ChildSmile protocol - providing VISIT 1 AND VISIT 2 are a minimum of 1 week apart.
- 8) Review with GDP in 3 months .

Pathway 6-16

- 1) Inform patient of reason for inclusion on IPP pathway
- 2) Perform a caries risk assessment on visit 1
- 3) Perform a plaque score at initial assessment and follow up appointments 2 and 3.
- 4) Those children aged 8 years upwards with active caries the dentist should prescribe Fluoride mouthrinse daily (0.05%NaF) for use during an different time to brushing (DBOH)
For those aged 10 years plus with active caries the dentist should prescribe 2800ppm Fluoride toothpaste (DBOH)
- 5) Provide OHI and reinforce at follow up appointments 2 and 3:
 - a. Toothbrushing technique
 - b. Appropriate Fluoridated toothpaste use, concentration and application
- 6) Gain consent, apply Fluoride Varnish and give post procedure instructions on visit 1 and visit 3 (At least 1 week inbetween visit 1 and visit 3).
- 7) Provide basic diet advice and distribute diet sheet on visit 1. Analyse at follow up on visit 2 and reinforce previous advice together with tailored personal diet advice at visits 2 and 3. To include the risks of erosion to teeth from the diet.
- 8) Refer back to GDP for continuing care – NORMALLY AT 3/12

GA Pathway 6-16

- 1) Inform patient and parent/guardian of reason for inclusion on IPP pathway
- 2) Perform a caries risk assessment on visit 1
- 3) Perform a plaque score at initial assessment and at follow up appointment.
- 4) Those children aged 8 years upwards with active caries the dentist should prescribe Fluoride mouthrinse daily (0.05%NaF) for use during an different time to brushing (DBOH)
For those aged 10 years plus with active caries the dentist should prescribe 2800ppm Fluoride toothpaste (DBOH)
- 5) Provide OHI on visit 1 and reinforce at follow up appointment:
 - a. Toothbrushing technique
 - b. Appropriate Fluoridated toothpaste use, concentration and application
- 6) Gain consent, apply Fluoride Varnish and give post procedural instructions on visit 1 only.
- 7) Provide basic diet advice and distribute diet sheet on visit 1.
Analyse at follow up on visit 2 reinforcing previous advice and providing additional tailored advice to include the risks of erosion to teeth from the diet.
- 8) Apply fluoride varnish in-line with ChildSmile protocol - providing VISIT 1 AND VISIT 2 are a minimum of 1 week apart.
- 9) Review with GDP in 3 months